

Lauren McDowell

www.lauren-mcdowell.com

<https://resumes.actorsaccess.com/laurenmcdowell>

laurenmcdowell98@gmail.com

FILM

Porcelain	Supporting	Jessica Hottman
Her Words	Lead	Shawn Shackelford
Insufferable	Lead	Stacey A. Frazer
When Your Name Gets to Mars	Lead	Kazek Israni-Winger
The Hatman, Vol. II	Lead	Charlie Ruiz
Time to Die*	Supporting	Kazek Israni-Winger
Free Rent	Lead	Jeremy Downs
Bits & Pieces	Supporting	Bauston VonSickle
Worst Case Scenario	Lead	Jackie Thompson
Actress for Hire	Supporting	Holly Black

*Best Supporting Actress Award-Iowa Motion Picture Association

COMMERCIAL

Conflict list available upon request

THEATRE

The Rimers of Eldritch	Eva	Missouri State Univ.
The Wolves	#11	Missouri State Univ.
WASP	Sis	Missouri State Univ.

TRAINING

Advanced Improv	Drama Inc.	Tara Ochs
Beginner Intensive	ATL Voiceover Studio	Jill Perry
On-Camera	The Approach	Alex Collins
The Actor's Toolbox	Beyond Acting	Alex Collins
The Art of Self-Tape	Drama Inc.	Claire Bronson
Voice & Movement	Missouri State Univ.	Lisa Brescia
Advanced Voice	Missouri State Univ.	Ed Swidey
Acting on Film	Missouri State Univ.	Kurt Heinlein
Dialects	Missouri State Univ.	Robert Westenberg

SPECIAL SKILLS

Intermediate Pilates, children's theatre, 14 years of dance training (jazz, tap, ballet), basic hand-to-hand stage combat, basic piano, basic soccer, valid passport, works very well with children and animals, can recite alphabet backwards